



## Assessment of Risk - General

### Hazards

- Weather Conditions
- Hyper/ hypothermia
- Remote Locations
- Child Protection / Stranger Danger
- No phone Signal
- Illness or Injury
- Drowning in the lake
- Unauthorised and unsupervised use of activities

### Those at Risk

- The group
- Participants
- Instructors
- Spectators
- Members of the public

### Control Measures

- Weather report checked before activities and are suited accordingly.
- Extra clothing / food / group shelter to be carried in remote locations.
- Group stay together on designated route or have regular meeting points.
- Instructor to know best signal points.
- Know who is on site, question strangers, stay aware of other people with group.
- Groups not to be unattended.
- Staff know of any medical / injury/ behavioural problems and carry any medication.
- Instructor to know activity area and emergency procedures.
- Instructor to be first aid qualified and carry a first aid kit.
- Another person to know the location and times of the activity/ group.
- All participants to wear a buoyancy aid whilst on the lake, no (unaided) swimming.
- Activities have clear signs to deter users.
- High rope activities are difficult to access at night.
- Ladders are securely locked when activity is not in use.
- Protective equipment, ropes and other activities (bows and arrows) are securely locked overnight.

#### Continuing Measures:

Polices are regularly updated with information supplied by National Governing Bodies  
Guidelines are constantly reviewed in light of experience and discussions between staff.